

# INTEGRATIVE MEDICINE



Combining  
*MODERN WELLNESS*  
with  
*OLD FASHIONED CARE*

AGE MANAGEMENT CENTER  
OF NEW ENGLAND 

1375 Congress St. Portland, ME 04102  
[www.agemanagementcenter.com](http://www.agemanagementcenter.com)

“ Looking good on the the outside clearly improves ones self image. But feeling good inside, stimulates an irreplaceble inner strength and peace that radiates through-out ones entire being. The essence of my practice is helping each person to find that internal place of health and strength.”

~ *Dr. Masina Wright*



Integrative medicine is the practice of combining cutting edge, evidence based medicine with the time-honored healing practices of natural medicine including:

- Botanical medicine
- Homeopathy
- Nutrition



Dr. Wright is a skilled and seasoned practitioner of Integrative Medicine. Her practice incorporates extensive knowledge of natural medicines with compassionate and effective clinical medical care.

Her interests and areas of specialization include:

- anti-aging and hormonal balance
- fertility and sexual health
- digestive health
- stress management
- ideal weight management

OUR NEW WEIGHT MANAGEMENT  
PROGRAM IS LIKE NOTHING  
YOU HAVE EVER SEEN!

Metabolic health and optimized  
body composition powered by  
the Idea Weight Program!

Dr. Wright's new Ideal Weight Program takes a ground-breaking approach towards long term restoration of a functional, effective metabolism and restoring natural, healthy weight that is in balance with your lifestyle.



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